



MITCHAM FOOTBALL CLUB INC.

ABN 22 300 147 254

Affiliated with S.A.A.F.L

Hawthorn Oval, Angas Road Hawthorn SA
PO Box 46, Kingswood SA 5062

Telephone: 8271 7180 info@mitcham.sa afl.asn.au

MAJOR SPONSORS

Seniors



Juniors



AWAY GUERNSEY SPONSOR



MEDIA SPONSOR



Information Booklet



Season 2013

www.mitchamhawks.com.au



PRESIDENTS MESSAGE

Welcome to Season 2013!

This year the Mitcham Hawks will be represented in U8 – U9 – U10 – U11 – U12 – U13 – U14 – U16.

I would like to extend a warm welcome to all new players and their families who have joined us this year. I trust that you will enjoy the family atmosphere on offer at Mitcham and I look forward to your involvement with our Club. We hope that you develop a long relationship with the 'MIGHTY HAWKS'.

This information booklet outlines how our club runs and provides you with relevant information pertaining to our junior program. If there is something else you need to know then please don't hesitate to ask a committee member or your coach or team manager.

This year each player will be presented with white club 'away shorts' as part of their subscriptions. Club jackets can be ordered through Simon Ballard and we ask all players to wear the jacket to games and official club functions. Replacement jackets and other Hawks merchandise (hooded jumpers, training singlets, polo tops, sports bags, caps) can be ordered by contacting Simon on 0418893363 or by email simonballard@bigpond.com

I would like to take this opportunity to thank Urrbrae High School for allowing us the use of their oval for our Registration Day and pre-season training. To have such a large venue not far from our home ground was sensational and allowed us to get on with the job of preparing our players for the season ahead. Now that we are back at our home ground 'Price Memorial Oval' training for all groups will continue on Wednesday nights at the time advised by you coach or team manager.

There is lots of information available throughout the football season, most of which can be viewed on the Mitcham Hawks web-site which will be up and running in the next couple of weeks. (www.mitchamhawks.com.au).

PLEASE NOTE: The site is currently been upgraded so all information will be sent via email until the upgrade is complete.

No team sport in the world has more players on the ground at one time than AFL football. A football oval is also the largest playing area of any (team) sporting field in the world. This simply means football needs the largest amount of volunteers of any sport to make it tick on match day!

At junior level, for the game to prosper, a large amount of volunteer labor is required. Each team on match day needs, as a minimum, a Coach, Team Manager, Runner, (11- 16) Water Carriers, (11-16) Time Keeper, Goal Umpire, Boundary Umpire (11-16) and a Trainer in attendance as well as someone on the scoreboard (11-16). In short we need as many "hands on" helpers on match day as possible. We also actively advocate the involvement of extended family members and friends in match day roles.

In season 2013 the club wishes to appeal to everyone associated with our club to try and make a significant contribution on match day as often as possible. Please show the initiative to approach the team manager to offer your services to the team on match day. If you have a preferred role you wish to take continuously please let your team manager know as soon as practical. If you are unfamiliar with the requirements of a role please view the job descriptions on our website or speak to the team manager or coach.

To our players, I trust you will enjoy your football with the Mitcham Hawks this season. Our club is committed to building an environment which will enable all junior players to progress their skill levels and allow as many as possible to progress to the highest level of football available. Wear your club colours with pride. When representing your club please always show respect to anybody else who is involved in our game, whether that be a supporter, umpire, teammate or opposing players. We wish you every success for the year.

Good luck for Season 2013!

Kind Regards

Junior President
Mitcham Hawks Football Club



Who we are

The Mitcham Football Club first entered a junior side in 1925 in the South Suburban Colts Association. It is not known how long this side lasted, but folklore has the team going for several years as a social team up until the start of the depression.

Mitcham had a junior colts side in 1951, and also entered junior sides from 1957 to 1967 in the Sturt Association. The club entered a junior side in 1984 and 1985 and while this was successful for the club, there were player and committee shortages, and the juniors only lasted two years.

Mitcham's big break into establishing junior teams came in 1998 when the club under the guidance of A Grade Coach, Colin Welsh, entered teams in the Metro South Junior Football League. The annexure of junior teams has been pivotal in shoring up the Mitcham Seniors player base ever since.

This connection with the senior division of our club provides a pathway for our players whom wish to continue playing football beyond their junior-age careers and many former junior players currently play with our senior club.

The Mitcham Hawks Junior Football Club is based at Price Memorial Oval, cnr Angus Rd and Hawthorn Crescent, Mitcham. All teams train and play 'home' matches at Price Memorial Oval however pre season training is held at other venues as Price Memorial is shared with the Sturt Cricket Club who continue to use the oval until April each year. 'Away' matches are played at other venues – details of these venues will be shown in our club newsletter, on our website and on the MSJFL and MWJFL websites.

This season, Mitcham Hawks will field teams in U8, U9, U10, U12 Green (U11), U12 Red (U12), U14 Green (U13), U14 Red (U14), in the Metro South Junior Football League (MSJFL) and U16 in the Metro West Junior Football League (MWJFL). At the time of preparing this booklet, our player numbers have not been finalised but we expect to have in excess of 220 registered players in season 2013.

The Competition

Metro South Junior Football League (MSJFL) which runs the under 8's -14's is one of 3 junior football leagues operating in the Adelaide Metropolitan region and is administered by a voluntary board of management and one part time paid officer. Metro West Junior Football League (MWJFL) is another one of the 3 Leagues and jointly runs the under 16 competition our oldest group plays in.

The home and away season is normally 15 rounds for 8's – 14's and 18 rounds for under 16's. Final series are played from Under 11 upwards, but no premiership ladder is kept for Under 8's, 9's or 10's. Scores for these younger grades are not published.

List Sizes

MSJFL & MWJFL determines the number of players that can be registered by each club in each grade.

In 2013: Under 8, 9 & 10	26 players
Under 11, 12, 13, 14	28 players
Under 16	30 players



Mission Statement

The Mitcham Football Club aims to provide an opportunity for the youth of our area to participate in Australian Rules Football and enhance their health and wellbeing through organised sport. The Club, will at all times, endeavour to provide for the health, welfare and well being of its players, supporters and spectators. This aim will be achieved by promoting and developing the following values and objectives:

- A sense of social and community values.
- An environment to nurture the physical and mental development of our youth.
- Respect for officials, opposition players and supporters.
- The virtues of fair and disciplined play.
- Equal opportunities for everyone.

They will be realised by providing as far as reasonable:

- Competent coaches and assistants.
- Adequate facilities, amenities and equipment.
- Supervised social functions encouraging family participation.
- Regular communication and consultation with players and parents.
- Active leadership and management of the Club.

All players, coaches and officials, parents, supporters and committee members have a responsibility at all times when representing the Mitcham Football Club to conduct themselves in an appropriate manner consistent with these values and or Codes of Conduct.

GUIDING PRINCIPLES

- We recognize that MFC juniors are a significant club within the MSJFL and acknowledge the need to integrate our standards and objectives within the MSJFL and vice- versa
- We recognize that MFC juniors are part of the MFC seniors and understand the need to operate as one club.
- We foster an environment of fun and enjoyment for all players, coaches, officials parents/guardians and supporters by always encouraging and applauding the efforts of all players, coaches and officials and never ridiculing mistakes or losses.
- We understand that prudent financial management should be paramount and is a key component of any successful organization.
- We encourage an atmosphere of learning and skill development for all players and coaches. All coaches must complete Level 1 AFL accreditation during their second year of service.
- We believe in player rotation both on and off the field to ensure all players are given every chance to not only participate, but to experience different positions over the course of the season. The club strongly believes winning isn't everything at junior level, but recognizes competition is healthy for player development and team morale. The focus on results will escalate in incremental steps after the players reach Under 11's and begin playing for premiership points.
- The Mitcham Football Club actively encourages the participation of the entire family unit in club activities.
- We promote a positive, friendly, healthy image and strongly support the concept of teamwork on and off the playing field. The MFC has a strong expectation of parent/guardian involvement at both team and club level.
- We will endeavour to provide a safe environment for all players, officials, parents/guardians, supporters and the community.
- We will encourage all juniors to continue to play for the MFC once they have reached senior level.
- To have a good relationship with the Mitcham Football Club Seniors, the Mitcham Council who own the facilities and the Sturt Cricket Club who share the facilities.



Team & Club Administration

Our club is administered at 3 levels:

- A duly elected Club Committee which provides the administration of the club as a whole, both senior & junior.
- A junior sub-committee which operates all matters to do with the junior program and oversees the functions of each junior team. On game days some committee members or their nominated representatives will provide 'Match Day Official' duties. This involves but is not limited to welcoming umpires, visiting teams, providing umpires escorts, assistance with crowd behaviour and ensuring that MSJFL and Mitcham Hawks policies are adhered to
and
- each team has appointed officials that will assist with the administrative function of their team as well as deliver the sporting program to the players in that particular team. The appointed officials are the Team Coach and Team Manager and will include assistant(s) in various roles such as Assistant Coach, Trainer, etc.

The Team Coach's role is to:

1. Provide coaching to the playing group at training sessions and match days in accordance with skill competencies for the respective age level, as defined by Club Policy(ies).
2. Plan for training sessions in accordance with parameters of skill acquisition & competencies.
3. Attend every match of the team (including practice matches) or a majority of matches.
4. Attend every training session of the team (including pre-season training sessions) or a majority of training sessions.
5. Ensure a safe environment exists for players for both training and playing matches.
6. Be punctual to all training sessions and matches.
7. Liaise with the appointed Team Manager of the team in relation to any operational requirements for training &/or matches.
8. Provide regular feedback to all team players (and, where appropriate, parents of players) on each player's performances and skill acquisition.
9. Direct and instruct Assistant Coach(es) on matters relating to training and match day support for playing group.
10. Attend all "Coaching Meetings" as arranged by club.
11. Understand and comply with all club policies in respect of:
 - Codes of Conduct
 - Rotation Policy
 - Team Selection Policy
 - Zero Tolerance Policy
 - Statement of Purpose & Values

All Team Coaches of our club will have attained the accreditation of AFL Level 1 Coach (or at least be in the process of attaining this accreditation) in their second year of coaching.

The Team Coach may appoint assistants as required.

The Team Manager's role is to;

1. Manage the administrative affairs of the team, such as:
 - completion and lodgement of team documentation.
 - organisation of a duty roster for match days
 - ensuring the team functions, in its off-field capacity, as well as possible.
 - communicating with parents on all team matters.



2. Ensure the following roles are filled on match days:
- goal-umpire
 - umpires escort
 - umpire payment
 - time-keeper (home games)
 - canteen/BBQ assistant(s) (home games)
 - oranges &/or other fruit &/or glucose
 - boundary umpire (U11 – U16)
 - trainer or first-aid officer
 - recording best players, goal kickers
 - match report for club website/newsletter

Parents &/or players may be asked to perform any one of these duties (from time-to-time or on a regular basis) to assist in the operation of their team. There will be other duties that will need to be completed from time to time and we ask all parents to offer assistance whenever asked.

Social Events

Another commitment the club strives to achieve is to create a ***'family-orientated' social environment*** at the club. We organise various social functions throughout the season and hope you can attend these functions as they occur. Details of these functions will be posted in our newsletter and on our website during the year.

Club Policies

We have developed many policies and statements to clearly define who we are and what our principles are. These policies and statements are:

- Mission Statement & Guiding Principals
- Player Standards & Values
- Player Code of Conduct
- Parent Code of Conduct
- Coaches Code of conduct
- Team Managers Code of Conduct
- Selection Policy
- Rotation Policy
- Finals Selection Policy
- Bullying Policy
- Awards Policy
- Social Networking Policy
- Videoing & Photographic Policy
- Zero Tolerance Policy
- Weather Policy
- Issue Resolution Policy & Guidelines.

Copies of these policies and statements are shown on our club's website: www.mitchamhawks.com



Player Safety

As part of our commitment to player safety, we strive to assign an accredited **First Aid Officer** to each team. Parents are asked to fill this role and attain the appropriate accreditation via club workshops, Sports Medicine Australia or similar body. The First Aid officer's role is to provide basic first aid to all injured (or ill) players/officials. If you would like to assist us in the delivery of a first aid service to our players and have the appropriate accreditation or would like to attain such accreditation, please let your Team Manager know.

Other Player Safety strategies that we implement are:

- we conduct a **Ground Inspection** at Price Memorial Oval before the commencement of each day's matches and a report is completed by the person who conducts this inspection. This report is sent to MSJFL each week.
- we affix **padding to goal posts** – the padding we purchased exceeds the requirements of our league in that it is higher and thicker than the standard and thereby providing added protection for players.
- we strongly recommend all **players wear appropriate safety equipment** such as helmets, etc, however it is the choice of the individual player (and his/her parents or guardians) whether to wear such equipment. **MOUTHGUARDS ARE COMPULSORY.**
- we ask all players and parents to be observant of potential hazards. If you notice a potential hazard, please take immediate steps to either remove the hazard or minimise its impact and notify a club or team official.
- we have a designated '**Child Safety Officer**' appointed from the committee. In 2013 our nominated 'Child Safety Officer' is Sam Facy.

Playing Attire & Equipment

Players are required to wear their club jackets to all games and official club functions.

All players must wear during all matches the appropriate club attire (shorts, socks, jumper, etc). The club will provide jumpers for all players to use for the season and we ask all players to maintain & clean these jumpers during the season. Players must return the jumper at the conclusion of the season.

Damaged or lost jumpers will be charged for.

Boots with moulded rubber sole or screw-in studs are acceptable although the studs must not have any sharp edges nor show any metal. Aluminium or stainless steel studs are prohibited.

Shorts and socks will be available through Sports Power, Mitcham & Melrose Park.

Bike shorts (or similar attire) can be worn under playing shorts and must be skin/flesh colour – no other coloured shorts are acceptable.

Players are not permitted to wear any attire during a match that is not approved by the club. If you are in doubt as to what is approved attire, please speak with your Team Manager.

Players cannot wear gloves unless for medical reasons. A medical certificate must be provided and MSJFL approval granted.

No jewellery is to be worn by any player during a match.

Membership/Subscription Fees

Our Player Subscription fees for season 2013 will be \$150.00 for U8's – U 10's and \$180.00 for U11's – U16's.(no GST applies as we are a "Not-for-Profit" Organisation with an annual turnover less than \$100,000 and are exempt from GST). These fees assist us in paying our MSJFL affiliation fees, insurance, equipment, ground rental, umpires fees, medical equipment and all other costs associated in the operation of the club. We also supply an item of Mitcham merchandise to each player each year. This year it was the white away shorts.

In 2012, our total expenditure was in excess of \$40,000 and we collected \$36,000 as Player Subscription Fees – an additional \$15,000 was raised via other fundraising methods such as our BBQ, canteen, merchandise sales, chocolate drive, sponsorship and social events, which is past onto the Seniors to assist with the general upkeep of the club.



Refunds of Player Subscription Fees

Players may withdraw from a team up to and including Round 3 and obtain a refund of their registration fees less affiliation fees (including insurance) of \$50.00 – the player must return all property and equipment belonging to the club in his/her possession before any monies can be refunded. All requests for a refund of player subscription Fees must be in writing and be forwarded to the Club President via post or email.

Match Days

All players and officials should arrive at the match venue ***no later than time announced by their Coach/Team Manager – players/parents should refer to the club website for match times.***

Players who arrive late for their match and have not communicated with their respective Coach may be disadvantaged in regard to their allocation of playing time.

All attire/boots must be clean and presentable on match days.

On arrival at the ground, players are required to:

- immediately notify your Team Manager of your arrival
- notify the medical staff or Team Manager of any requirements regarding strapping, massaging, medical conditions, injuries requiring treatment, etc to alert them to these circumstances. Parents will be responsible for notifying team officials of their children’s injuries/illness which may affect their health or wellbeing.

Match Times & Duration

The following start times are the scheduled start times of matches however they are subject to change – please refer to our club’s newsletter for the start-time of your match.

Team	Qtr Length	Break ¼ & ¾ time	Break ½ time	Total Time (approx)
U8	4 x 10 mins	3 mins	5 mins	51 mins
U9	4 x 10 mins	3 mins	5 mins	51 mins
U10	4 x 10 mins	3 mins	5 mins	51 mins
U11	4 x 14 mins	3 mins	5 mins	67 mins
U12	4 x 14 mins	3 mins	5 mins	67 mins
U13	4 x 18 mins	5 mins	8 mins	90 mins
U14	4 x 18 mins	5 mins	8 mins	90 mins
U15	4 x 20 mins	5 mins	10 mins	100 mins
U16	4 x 20 mins	5mins	10 mins	100 mins

Note: There is no added time (due to injury or other stoppage) unless in special circumstances and at the instruction of the field umpire.

Please note that game start times will vary each week. The MSJFL provides us with the fixture along with ground locations. In an effort to make the fixture clash free for all clubs the games start times may vary.

Match Footballs

- U8, 9 & U10 Size 2 (Synthetic)
- U11 & U12 Size 3 (Synthetic)
- U13 & U14 Size 4 (Leather only)
- U15 – U16 Size 5 (Leather only)



Modified Rules

MSJFL have developed a number of variations to the Laws of Australian Football (LOAF) to ensure the safety of all players and to enhance the experience for all children.

A full set of modified rules for each age group can be found on the MSJFL or MWJFL websites.

Training

All players are expected to attend all training sessions of their particular team and are requested to arrive at the training ground at a suitable time that will enable you to commence training at the allocated time.

The start-time of training is the time training is to commence and you are asked to ensure you are ready to commence training at the stipulated time. If you are unable to attend or will be late, please contact your coach and advise him/her of your anticipated time of arrival or absence from that training session.

All players are required to attend training to be considered for selection. Failure to attend training &/or advise your coach of your absence or lateness may prejudice your allocation of playing time.

Players are required to bring to, and use at, each training session their football boots together with the appropriate clothing, mouth-guards, helmets and any other equipment used in playing conditions.

Shower facilities are available at the clubrooms and may be used by players/officials.

Details of training sessions will be communicated to all registered players at a future time and can be accessed from our website.

Communication

Communication is a very important tool, if used correctly. Players are asked to inform your Team Coach if you are unavailable, or will be late, to training or matches. ***Do not ask anyone else to pass on a message to the coaches – do it yourself.*** Failure to effectively communicate this information onto your Team Coach could impact upon a player's game-time.

As we have done in past seasons, our preferred means of communication to players/parents is via email and our website (www.mitchamhawks.com) as both are quick and reliable forms of communication. When you completed a Player Registration Form with our club, you were asked to supply an email address and we ask that you regularly check your emails for information from the club. If you have multiple email addresses (such as a separate email address for mum, dad, child, etc or business & private email addresses) and would like to supply these details to us, please forward the information to our Club Registrar – her details are shown in this booklet.

We will also produce and distribute a regular newsletter 'Hawk Talk' which will provide details on matches and other relevant club information. If you do not receive your copy of 'Hawk Talk', please let us know.

Injuries

All injuries, no matter how trivial or serious, must be reported to a team official (Coach or Team Manager) as soon as possible. In the event a player is injured, we recommend the player be immediately referred to a sports physician for assessment/treatment of the injury.

It is important that injured players remain involved with the club during their rehabilitation to:

- remain motivated
- retain a reasonable fitness level
- assist coaching/support staff and team-mates, where possible.

Concussion

If any player suffers from or has suspected concussion, there will be an automatic 2 week rest. This will only be waived with a Doctors' certificate clearing the player to play.

Some signs of concussion are:

- Brief or more extended periods of unconsciousness
- Seeing stars
- Headaches
- Confusion or temporary loss of short term memory
- Nausea or vomiting
- Numbness in legs or arms
- Stumbling or lack of hand eye coordination



Insurance

The club has arranged the following insurances, via the AFL Australian Football National Risk Protection Program:

- (a) Public/Products Liability Insurance \$20,000,000
- (b) Professional Indemnity Insurance \$ 2,000,000
- (c) Directors & Offices Liability Insurance \$10,000,000
- (d) Player Accident Insurance \$ 50,000 max(*)
- (e) Non-Medicare Benefits 90% \$ 7,500 max per claim (refer policy conditions)

(*) The benefits payable under the “Player Accident Insurance” are scalable dependent upon the nature and extent of injury.

The above details are a précis of this insurance cover - for more details regarding this program, please visit the website (www.jltsport.com.au) of the insurance brokers who arranged the cover on behalf of the AFL and its affiliated leagues & clubs.

As we all know, football is a contact sport and injuries occur so it is extremely important that each player/parent has their own personal insurances etc (ie: Private Health Insurance, Disability Insurance, Ambulance cover, etc) in order to cover the costs of physio, dental, ambulance, etc.

Please do not rely on the above insurance program as your primary source of insurance protection – the club’s insurance program should be used as a back-up to your own personal insurance cover.

The club cannot (and will not) accept responsibility for the payment of any fees or costs incurred by players &/or parents for injuries sustained whilst playing/training for Australian Rules football.

All claims for compensation through JLT Sports should be lodged through your Team Manager.

Alcohol

No alcohol can be consumed within 10m of the boundary line at any ground whilst an MSJFL game is in progress.

Codes of Behaviour

We have established Codes of Behaviour to document the standards of behaviour that are expected from all players, parents, supporters and officials of our club.

It is the responsibility of everyone involved with our club to ensure these principles are upheld and maintained. We have been extremely fortunate to have had only minor breaches of these codes in the past however we cannot afford to become complacent in this area. Breaches of these codes cannot be tolerated and disciplinary action may be taken against offenders.

Please read the following Codes of Behaviour and ensure you understand and abide by these principles and, should the need arise, remind others of these principles.

Players Code of Behaviour

- Play for your own enjoyment and benefit and not just to please parents/caregivers and coaches.
- Play by the Rules
- Respect the umpire’s decision. Without them there would not be a competition.
- Never argue with an official. If you have a problem, talk to your Coach or Team Manager.
- Co-operate with your coach, team mates and opponents. Without them there would be no competition.
- Be a good sport. Applaud all good plays whether they are by your team or the opposition.
- Work equally hard for yourself and your team. Your team’s performance will benefit and so will you.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Control your temper. Verbal abuse of officials, sledging other players or deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.

These codes of behaviour extend to social networking sites such as but not solely Face Book and Twitter



Parents Code of Behaviour (Lead by example)

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and self esteem rather than winning or losing.
- Encourage children to always participate according to the Rules.
- Never ridicule or yell at a child for making a mistake or the team losing a match.
- Respect the umpire's decisions and teach children to do likewise. Without them there would not be a competition.
- Remember that children learn best by example. Applaud the efforts of all players in both teams.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Show appreciation of volunteer coaches, officials, administrators and umpires and teach your children to do the same. Without them your child could not participate.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion

These codes of behaviour extend to social networking sites such as but not solely Face Book and Twitter

Coaches Code of Behaviour

This code of conduct applies to any coach or assistant coach associated with a team.

- Remember that children participate for pleasure and that winning is only part of the fun.
- Involve the players (appropriately for their age) in the planning, leadership, evaluation and decision making.
- Never ridicule or yell at a child for making a mistake or the team for losing a match.
- Be reasonable in your demands on young players' time, energy and enthusiasm.
- Operate within the Rules and spirit of the match and teach your players to do the same.
- Respect the umpire's decision. Without them there would not be a competition.
- Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities for success.
- Avoid overplaying the talented players. The just average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
- Display control, respect and professionalism to all involved with the sport. This includes umpires, opponents, coaches, officials, administrators, the media, parents/caregivers and spectators. Encourage your players to do the same.
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining when an injured player is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a player should be appropriate to the situation and necessary for the player's skill development or well being in the case of an injured player. Physical contact with an opposition player is unacceptable unless it is to assist with first aid for an injured player.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

These codes of behaviour extend to social networking sites such as but not solely Face Book and Twitter



Expectations

Our club expects all players to:

- abide by our Codes of Conduct.
- treat all property & equipment belonging to the club (or for which the club is responsible) with care.
- enjoy their sport.
- attend all training sessions - if unavailable to attend, players must communicate this to their Coach.
- be available for all matches and training sessions - if unavailable to play, players must communicate this to their Coach or Team Manager(s), at least, 7 days prior to their unavailability or as soon as he/she becomes aware of his/her unavailability.
- be punctual for all training sessions and matches – if the player knows he/she will not in attendance at the required time, he/she will communicate with his/her coach as soon as possible.

Our club expects the parents of our players to:

- abide by our Code of Conduct
- communicate any issues involving the child's sport with the Coach &/or Team Manager(s) of your child's team – if a resolution is attained and it is not satisfactory to the player &/or parent, further communication should be entered into with our President &/or Football Operations Manager.
- assist the Team Manager(s) at all occasions to ensure the smooth operation of your team – do not wait to be asked to do something, please volunteer your services to assist in any way possible as it will be greatly appreciated.
- attend organised social functions to assist in the creation of a social environment and raise funds necessary for the operation of our club, if possible.

Football Pathway

With the modifications to certain rules and no results for matches (and therefore no points awarded for wins), U 8, U9 & U10 football provides an ideal platform for young footballers to commence their careers. Players can play under-age football with Mitcham juniors through to U16 level and move into U18 or senior football which falls under the control of the South Australian Amateur Football League.

Along the pathway, players may be invited to play in representative teams for our competition (which is the Metro South Junior Football League) at U12 – U16 levels. Local SANFL clubs also invite talented players from local schools and clubs to join their '***development squads***'. These squads play most of their games at the start of the season to reduce the impact on clubs, but it is from these squads that '***state teams***' are normally chosen. The state Under 18 side plays in the TAC Cup each year and it is from this competition that AFL clubs recruit/draft players.

We are closely associated with both West Adelaide and Sturt Football Clubs as most of our players live in these clubs districts.



HONOUR BOARD

JUNIOR PREMIERSHIPS

1999	U11
2000	U13
2006	U12
2011	U11, U12, U13
2012	U11

AFL DRAFTED PLAYERS

2004	Benet Copping	Fremantle
2008	Paul Cahill	St. Kilda
2010	Sam Day	Gold Coast Suns
2010	Mitch Curnow	Port Adelaide

MSJFL ASSOCIATION MEADLISTS

Year	Grade	Player	Placing
2000	U9	Sean O'Hara	Winner
2000	U15	Martin Wilson	Second
2002	U11	Mark Reynolds	Third
2003	U13	Andrew Simpson	Winner
2003	U15	Thomas Quinn	Second
2004	U9	Harry Bilyk	Winner
2005	U 9	James Moriarty	Second
2005	U12	Mitch Curnow	Third
2005	U14	Samad Akkach	Third
2006	U12	Simon Wong	Winner
2007	U12	Tom Mattner	Third
2008	U12	Alex Gillett	Second
2009	U11	Issac White	Winner
2009	U13	Ryan Anderson	Second
2010	U11	Sam May	Winner
2010	U13	Lucas Hails	Winner
2010	U14	James Moriarty	Second
2011	U12	Toby Kewell	Winner
2011	U15	James Moriarty	Equal Third
2011	U 15	Alex Gillett	Equal Third
2012	U 12	Ethan Moore	Second
2012	U 16b	Alex Gillett	Winner
2012	U 16w	James Daly	Second
2012	U 16w	Lucas Hails	Second



100 GAME PLAYERS

Brett Atkin	Sam Holland – Smith	Adam Dundon	Mark Reynolds
Jock McLeay	Daniel Lee	Will Shaw	Sam Hollis
Jesse Banfield	Sam Day	Alex Decesare	Brett Ellis
Lachlan Flanigan	Mitchell Roberts	Ben Young	Henry Duragon
Jack Clayfield	Blake Harris	Mathew Tuck	Harry Bilyk
Luke Heaslip	Hugh Verrall	Tom Isaksson	Sam Stott
Brodie Mincham	Cooper Dowie	Nick Heaslip	Alex Gillett
Josh Henke	Jack Owens	Sam Cavanagh	James Aldridge

50 GAME PLAYERS

James Moriarty	James Hopton	Sebastian Higham	Tom Bailey
Tom Cheeseman	Tom Facy	Lewis Young	Jack Bennetts
Zach Sutherland	Issac White	Charlie Ballard	Wassim Saad
Riley Faehrmann	Thomas Kelly	Corey Kelly	Sam Starr
Jock Piper	Oliver Cheesman	Tom Mather	Jack Thomas
Alex Reardon	Bradley Roberts	Riley Bowles	Joshua Wills
Lachlan Chisolm	Harry Kube	Lachlan Paddock	Alex Wakeham
Harry Wise	Tyson Brazel	Jonathon Noske	William Richards
Darcy Burns	Lachlan Staritsky	Euan Fletcher	Joshua Morgan
Gabe Henry	Jake Hinkley	Jed McEntee	Jake Mincham
Mingma Sherpa	Sam May	Ethan Moore	William Bastian
Jeffrey Moriarty	Jessica Roberts	Sam Noske	Hayden Hill
Peter Wishart	Douglas Hodgson	Zac Weigold	Thomas Reardon
Will Hodgson	Charlie Henshall	William Preece	Dylan Matteucci
Jesse Moffa	Lachlan Hall	Mitch Roberts	Seb Facy
Seb Steel	Alex Rayner	Lucas Hails	Lachlan Turci
Mitchell McEntee	Cooper Dezylva	Sam Mather	Christopher Begg
Tom Rundle			



CLUB SONG

(sung to the tune of “It’s a Grand Old Flag”)

It's a grand old flag it's a high flying flag
It's the emblem for me and for you
It's the emblem of the team we love
The team of the old gold and blue
Every heart beats true for the old gold and blue
As we sing this song to you
What do we sing?
Should old acquaintance be forgot
Keep your eye on the old gold and blue



COMMITTEE COACHES & TEAM MANAGERS

SEASON 2013 COMMITTEE

PRESIDENT:	Shane Cavanagh	0414846636	shane@treecaremach.com.au
VICE PRESIDENT:	Andrew Cheesman	0419814701	adcconsulting@bigpond.com
TREASURER:	Gary Sampson	0408082119	Gary.Sampson@bendigoadelaide.com.au
REGISTRAR:	Donna Cheesman	0438838067	adcconsulting@bigpond.com
FACILITIES:	Richard Reardon	0412856942	rreardon@bigpond.net.au
LEAGUE DELEGATE:	Sam Facy	0411549785	facy24@optusnet.com.au
MERCHANDISE:	Simon Ballard	0418893363	simonballard@bigpond.com
FUNDRAISING:	Andrew Goodwin	0438628564	andrewgoodwin01@gmail.com

SEASON 2013 COACHING STAFF

UNDER 8'S			
Coach:	Carsten Gabrisch	0416305411	gabrisch4@adam.com.au
Team Manager:	Gary Cock	0418424772	gary@rowanco.com.au
UNDER 9'S			
Coach:	Mike Ellery	0408383969	michael@bigscreenvideo.com
Team Manager:	Andrew Bone	0419696799	andrewb@bonetimber.com.au
UNDER 10'S			
Coach:	Phil Wise	0405089622	philipw@playgroundauditing.com.au
Team Manager:	Martin Westdijk	0405986591	westdijk@adam.com.au
UNDER 11'S			
Coach:	Sam Facy	0411549785	facy24@optusnet.co.au
Team Manager:	Dean De Cesare	0411108474	dino.mandy@yahoo.com.au
UNDER 12'S			
Coach:	Nick Hodgson	0400840964	nickh@remawindows.com.au
Team Manager:	Justin Dangerfield	0403463384	jdangerfield@pgoc.com.au
UNDER 13'S			
Coach:	Simon Starr	0488717966	starry@chariot.net.au
Team Manager:	Dean Miller	0434075966	ratmil@bigpond.com
UNDER 14'S			
Coach:	David Hawes	0488253458	djhawes5@tpg.com.au
Team Manager:	Peter Preece	0427607378	peter.preece@tafesa.edu.au
UNDER 16'S			
Coach:	Shane Daly	0422938240	daly.shane1@gmail.com
Team Manager:	Patrick Campbell	0433024988	patrickcampbell@bcaengineers.com